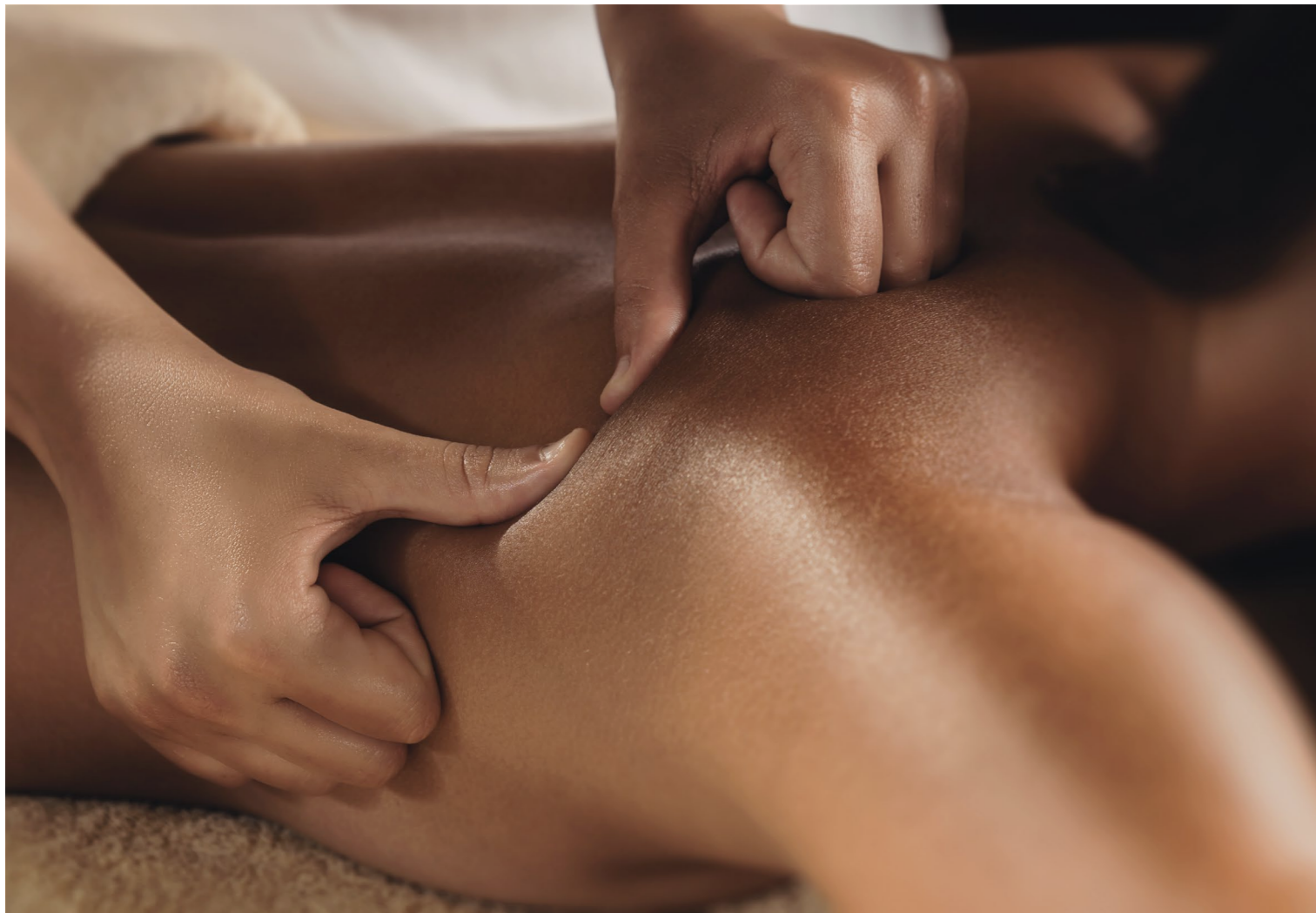




**CAMELOT SPA**   
Your World Of Wellness



## REJUVENATE · DETOX · RELAX

The ethos of Camelot Spa is centred on restoring equilibrium, awakening the senses, and igniting a sense of blissful tranquillity.

Discover a renewed sense of health and wellness at our serene sanctuaries  
countrywide - Since 1997

# MASSAGE THERAPY

## Camelot Universal Signature Massage

60 min • R1 130 | 90 min • R1 570

A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

## Aromatherapy Massage

60 min • R1 060 | 90 min • R1 500

Promotes healing, well-being and relaxation using pure essential oils and light massage strokes.

## Deep Tissue Massage

60 min • R1 080 | 90 min • R1 520

A deep pressure massage to relieve tension and detoxify.

## Hot Stone Massage

60 min • R1 060 | 90 min • R1 500

This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

## Signature CBD Wellness Massage

60 min • R1 060 | 90 min • R1 500

Begin your therapeutic journey with a shot of CBD oil to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil. This signature treatment is designed to decrease pain and inflammation whilst super-charging the immune system and promoting restorative sleep.

## Swedish Body Massage

60 min • R990 | 90 min • R1 430

Incorporates light to medium pressure, long, smooth strokes and kneading to ease tense muscles and induce relaxation.

## Pregnancy Massage\*\*

60 min • R990

A relaxing massage experience tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. This treatment is not available for Moms within their first trimester.

## Back, Neck & Shoulder Massage

60 min • R990 | 45 min • R760 |

30 min • R600

This focused massage helps relieve tension in the neck, shoulders, upper and lower back.

## Pressure Point Foot Massage

45 min • R760 | 30 min • R600

Relax and balance the body through stimulation of pressure points situated on the feet.

## Indian Head Massage

30 min • R600

A detoxifying massage treatment of the head, scalp, face, neck and shoulders.

## ENHANCEMENTS:

Add on CBD Oil (may be added to any treatment)  
R200

Add a Back Scrub  
R230

Add Hot Stones (back only)  
R140

Add Bellabaci Cups (back only)\*\*  
R140

Bellabaci Oil  
Choose either Detox/Slimming Concentrate, Deep Relax, Muscle Support, or Revive  
R160





## SKIN CARE THERAPY

### THALGO LA BEAUTÉ MARINE

#### Silicium Marin Super Lift Treatment\*\*

60 min • R3 800

A wrinkle lifting face, neck and décolleté treatment with double-masks. An infused sheet mask is activated on application and followed by a cryo-firming mask with dermal stimulation massage techniques including Dermastim+ massage.

#### Prodige Des Oceans Regenerating Face Treatment\*\*

90 min • R3 500

A supreme Beauty Ritual providing ultimate revitalization and total youthfulness. At the heart of the ritual, the Prodige des Océans Mask offers pure plumping oxygenation, and its iconic massage, inspired by Ko Bi Do, an ancestral Japanese manual facelift technique, visibly smoothes wrinkles and restores firmness and elasticity to the skin.

#### Lumière Marine Brightening Treatment\*\*

60 min • R2 990

A brightening and rejuvenating treatment that lightens the skin and improves pigmentation. Skin will appear visibly younger with renewed radiance and an even tone skin.

#### Hyalu-Procollagene Wrinkle Correcting Treatment

60 min • R2 700

The first Thalgo wrinkle-by-wrinkle treatment combining hyaluronic acids & marine pro-collagen using Roller Boosters, with targeted action on even set-in wrinkles; for visible effectiveness, from the 1st treatment.

#### Cica Marin Soothing Repairing Treatment\*\*

60 min • R1 680

An SOS treatment with marine prebiotics to repair, soothe and strengthen sensitive or weakened skin.

#### Source Marine Hydra-Strengthening Treatment

60 min • R1 600

This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask.

#### 3 Algae Facial\*\*

60 min • R1 550

A facial for oily/combo skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

# SKIN CARE THERAPY

## Spa Skin Facial

60 min • R1 200

This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Hydrating or Purifying)

## Purité Marine Purifying Treatment

60 min • R1 200

Specifically designed for combination to oily skin, this Purité Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

## Hydra-Radiance Facial

30 min • R890

The ultimate “illuminating” treatment. It boosts radiance and reveals the beauty of dull, tired complexions.

## THALGOMEN

### ThalgoMen Facial Treatment

60 min • R1 600

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

### Express Treatment For Men

30 min • R950

Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

## THALGO EYE EXPERT TREATMENTS

### Wrinkle Correcting Pro Eye Treatment Add On To Facial\*

R450

An SOS treatment to smooth the eye contour area and lessen the appearance of fine lines and wrinkles, diminishing signs of ageing and fatigue for younger-looking eyes.

## DERMA-TX\*\*

### Hydrating Facial

60 min • R990

A blend of botanicals and hydrating actives replenishes moisture, transforming dry, dull complexions into soft, radiant skin with a nourished, healthy glow.

### Purifying Facial

60 min • R990

This deep-cleansing treatment exfoliates and purifies to restore balance to congested skin. It reduces excess oil, unclogs pores, and removes impurities to combat acne and breakouts while calming inflammation. The result is clearer, healthier-looking skin with minimised scarring and a matte finish that helps prevent future blemishes.

### Anti-Ageing Facial

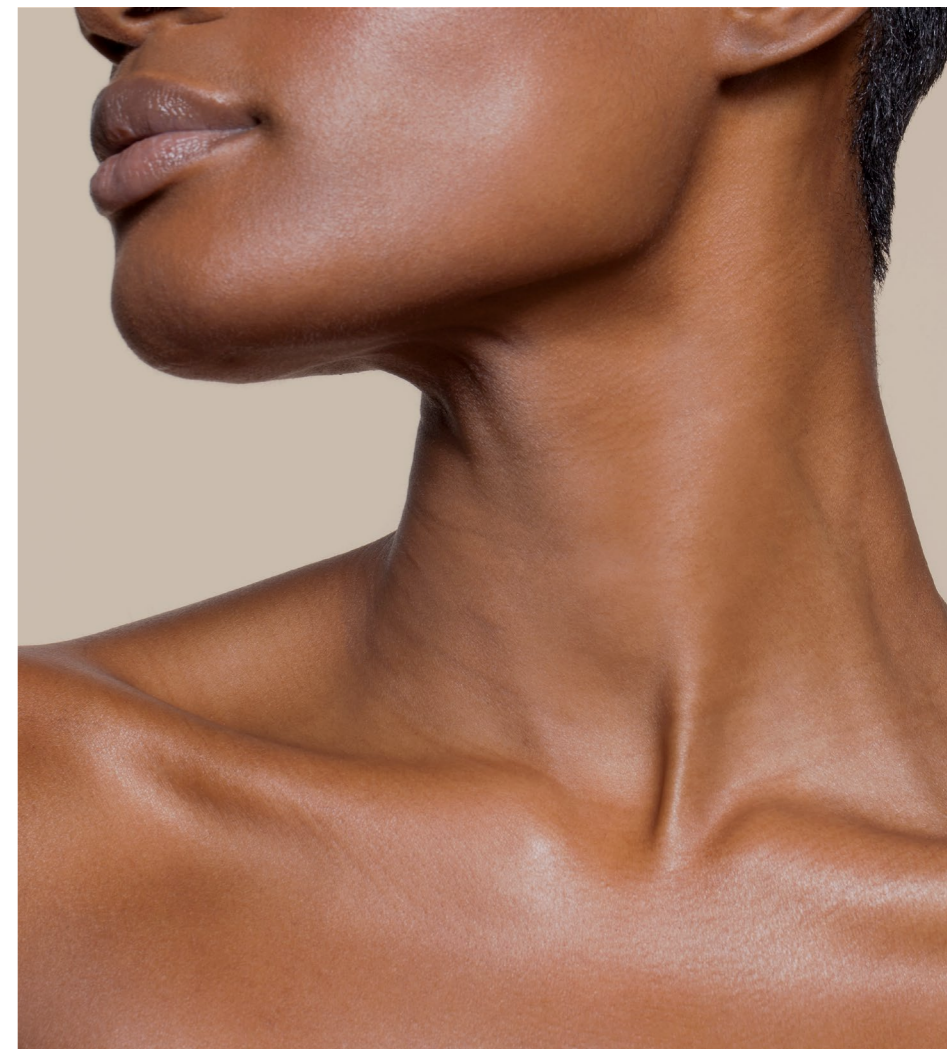
60 min • R990

This rejuvenating treatment combines potent botanicals and actives to cleanse, hydrate, and nourish deeply. It visibly diminishes fine lines and wrinkles while improving firmness and texture, revealing a luminous, youthful complexion with refined, even tone.

### Express Facial

30 min • R750

A personalised express treatment designed around your individual skin needs. Whether targeting hydration, clarity, or radiance, this facial delivers focused results for all skin types.





# SPA BODY TREATMENTS

## Salt Glow Body Scrub

30 min • R590

This luxurious natural salt and coconut oil exfoliating body treatment improves the skin's texture leaving it smooth and looking radiant.

## BODY WRAPS

### Thalgo Three Marine Algae Body Wrap

60 min • R1 700

The "Thalassotherapy" body wrap by excellence; this 100% pure and detoxifying wrap is rich in minerals, vitamins and trace elements, leaving skin remineralized and the body revitalized.

### Hydrating or Detox Wrap

45 min • R950

Choose between a relaxing or an invigorating aroma wellness body wrap. Hydrate with Neroli and Vanilla essential oils or detoxify with Peppermint and Rosemary essential oils.

## SLIMMING

### Bellabaci Cellulite Cupping Treatment

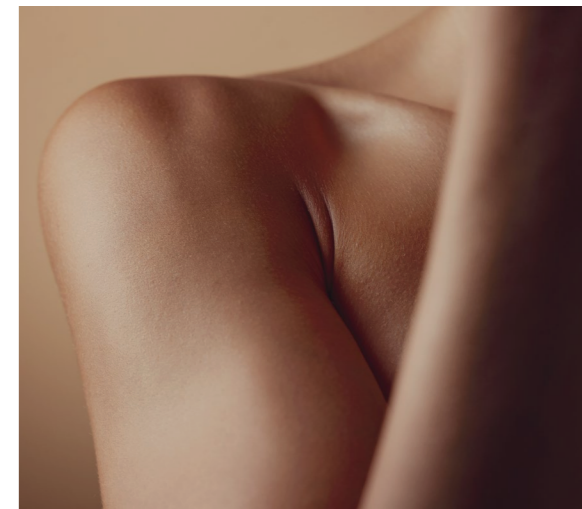
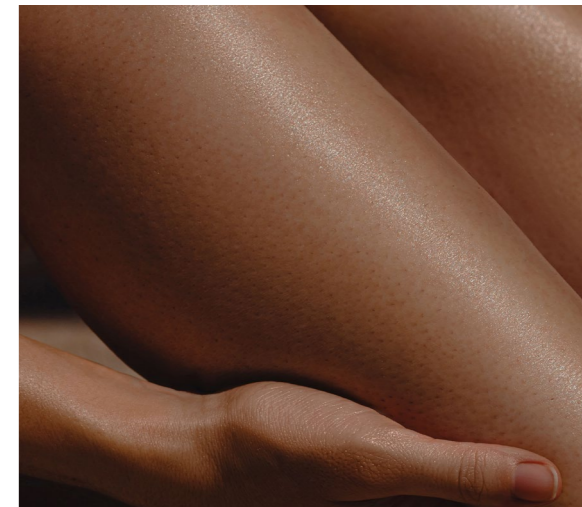
30 min • R780 | 60 min • R1 150

Re-sculpt your body with the combination of cupping, hands-on massage and the use of a copper mitt, performed with premium hand-crafted all-natural aromatherapy oils formulated to target the visible signs of cellulite, expel toxins and breakdown lipids to detoxify and to give your body the ultimate deep cleanse. Target one area for 30min or target more than one area for 60mins.

## HYDROTHERAPY

### Steam Room Session

30 min • R350 | Complimentary when booking a treatment



# MEDI SPA

## THALGO LA BEAUTÉ MARINE

### Thalgo Peeling Marin Treatment\*\*

30 min • R1 350

The 1st Marine Peel, this anti-ageing treatment combines micronised algae with glycolic and gluconic acids to deeply exfoliate and stimulate cell renewal to provide long-lasting results. Ideal for those seeking a “new skin” effect that is visible after one treatment.

## OPTIPHI

Active Peel 25% - 30% 45 min R1 100

Active Peel 30|30 45 min R1 200

This peel focuses on Total Skin Rejuvenation for all skin types. Improves cellular activity, resurfaces the skin, improves skin texture and stimulates the Fibroblasts which increase the production of dermal matrix compounds.

### Micro-Needling\*\*

Nano Needling Add On 15 min R500

Micro-Needling (Face Only) 75 min R1 650

Micro-Needling (Face & Neck) 90 min R2 150

Micro-Needling (Face, Neck & Décolleté) 120 min R2 550

*Micro-Needling treatments include 30min numbing application.*

# SPA BEAUTY TREATMENTS

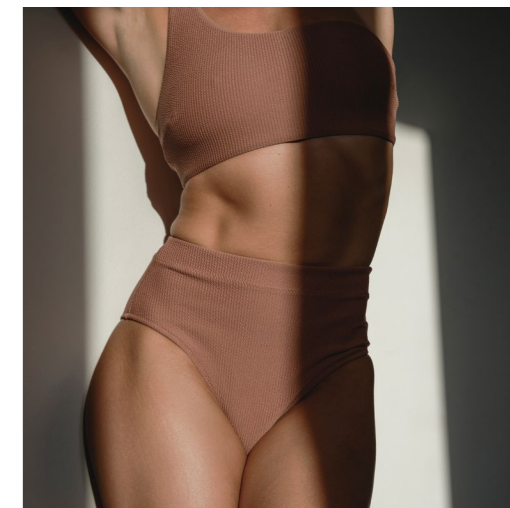
|                   |        |      |
|-------------------|--------|------|
| Brow Shape & Tint |        | R300 |
| Tint Lash & Brow  | 20 min | R280 |
| Tint Lashes       | 20 min | R230 |
| Tint Brows        | 15 min | R200 |

# LASH LIFT + BROW LAMINATION

|                                     |        |      |
|-------------------------------------|--------|------|
| Lash Lift & Brow Lamination Combo** | 60 min | R850 |
| Lash Lift**                         | 30 min | R580 |
| Brow Lamination**                   | 30 min | R580 |
| Add Tint Lash/Brow**                | 10 min | R95  |
| Add Brow Wax/Shape**                | 10 min | R95  |

# WAXING

|                                  |        |      |
|----------------------------------|--------|------|
| Lip / Chin / Brow                | 15 min | R170 |
| Underarms / Sides of Face        | 20 min | R240 |
| Full Face                        | 20 min | R400 |
| Bikini / Half Arm                | 25 min | R250 |
| Half Leg / Full Arm / Half Chest | 30 min | R385 |
| Full Leg                         | 45 min | R540 |
| Brazilian                        | 30 min | R400 |
| Hollywood**                      | 30 min | R470 |
| Back / Chest                     | 45 min | R480 |
| Lip & Brow Combo                 | 20min  | R250 |



# HAND + FOOT CARE

## Deluxe Spa Pedicure

60 min • R620

Includes a soak, scrub, heel work, cuticle work, full foot massage, mask and paint.

## Deluxe Spa Manicure

60 min • R590

Includes a soak, scrub, cuticle work, full hand massage, mask and paint.

## Gelish Pedicure

75 min • R700

Includes soak, scrub, heel work, cuticle work, Gelish application, foot massage.

## Gelish Manicure

75 min • R650

Includes soak, scrub, cuticle work, Gelish application, hand massage.

## Nail Care & Gel Polish Overlay

45 min • R500

## Classic Pedicure

30 min • R480

Includes a soak, scrub, cuticle work, lotion application and paint.

## Classic Manicure

30 min • R480

Includes a soak, scrub, cuticle work, lotion application and paint.

## Buff & Glaze

20 min • R300

## Revarnish

20 min • R300

## Gelish Removal

20 min • R150

## Acrylic Nails Soak Off

40 min • R190

## Paraffin Dip on Hands or Feet

15 min • R220

## Heel Peel Treatment Add On

15 min • R230



# SPA EXPERIENCES

## Re-Energising Couples Journey

1hr 30min • R3 150 per couple

- 60min Aromatherapy Massage
- 15min Head Massage
- 15min Foot Massage

## Gents Executive Package

2hrs 30min • R3 100

- 60 min Deep Tissue or Hot Stone Body Massage
- 60 min ThalgoMen Fortifying Facial Treatment
- 30 min Pressure Point Foot or Indian Head Massage

## Thalgo Relaxing Ritual Iles Pacifique

1hr 30min • R2 250 | R4 200 per couple

The Iles Pacifique Ritual takes you on a journey of relaxation filled with fragrances and colours from the pacific. This intoxicating body journey includes a scrub, hydrobath and an indulgent massage.

**Couples:** Iles Pacifique Ritual for two and a glass of bubbly.

## Camelot Spa Personalised Journey

2hrs 30min • R2 250

3hrs 30min • R3 300

4hrs 30min • R4 300\*

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend your desired amount of time in pure bliss.

### 30 min:

- Back, Neck & Shoulder Massage
- Indian Head Massage
- Pressure Point Foot Massage
- Salt Glow Body Scrub
- Hydrating Body Wrap
- Detox Body Wrap

### 60 min:

- Hot Stone Massage
- Aromatherapy Body Massage
- Thalgo Spa Skin Facial
- Deluxe Spa Pedicure
- Deluxe Spa Manicure (only available for 4hrs 30min Journey)

\*Lunch (Included for 4hrs 30min Journey)

*Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen. A maximum of 90 mins can be selected from the massage options.*

## CBD Wellness Journey

2hrs • R2 300 | R4 100 per couple

Prepare to surrender yourself, body and soul to a dose of wellness. Sip on CBD infused drink and enjoy the stillness as you ease into this calming spa journey.

- 60min Signature CBD Wellness Massage
- 30min Signature CBD Pressure Point Foot Massage
- 30min CBD Radiance Facial
- Includes CBD Booster Drink

## Mommy To Be

2hrs 30min • R1 990

- 60min Pregnancy Massage
- 30min Manicure
- 60min Deluxe Spa Pedicure
- Snacks

## Spa Taster

60 min • R1 200

- 30 min Back, Neck & Shoulder Massage
- 30 min Thalgo Hydra-Radiance Facial





## SPA WELLNESS MEMBERSHIPS

Invest in your wellbeing with a Camelot Spa Membership. Enjoy exclusive savings on the treatments you love all year round!

### Annual Membership Plans\*

*(valid for 12 months)*

**R5100**

**R8500**

**R15 300**

**R20 400**

*\*once off payment valid for one year*

Once your membership miles are depleted, your membership will have to be renewed.

Membership can be used by more than one person.

Lower prices are charged during off-peak periods (Monday to Thursday).

**Joining fee of R100**

Contact any of our spas for more information.

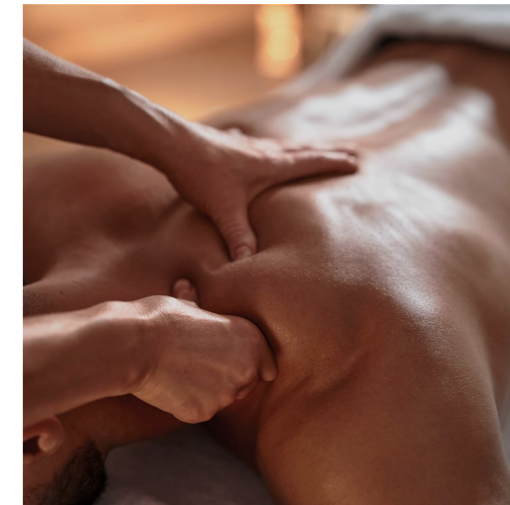
## GIFT CARDS + VOUCHERS

**Spoil someone special with a Gift Card or an Electronic Voucher, ideal for any occasion.**

Gift Vouchers are available online and for walk-in purchase from any Camelot Spa. Validity is for 3 years from date of issue. This does not apply to complimentary or prize vouchers.

## CAMELOT KIDS

Please view our kids treatment menu [here](#).



# CANCELLATION POLICY

Should you need to cancel or reschedule your appointment, please let us know at least 24 hours before your scheduled appointment. Cancellations with less than 24 hours notice will incur a 50% treatment fee.

Late arrivals will result in reduced treatment time, with the full treatment fee applied.

# SPA ESSENTIALS

- Prices valid for 2026.
- Treatments marked \*\* are not always available, please enquire upon booking.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please advise us of any health conditions, allergies, injuries, recent medical or cosmetic procedures, which could affect your spa experience.
- In a spirit of mutual respect we kindly request punctuality.
- We respectfully request that you leave mobile phones switched to silent mode.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Lockers and safes are available at most of our spas. However, we recommend leaving valuables at home or securing them in your hotel room safe, as we cannot assume responsibility for any loss or theft.
- Please note that products bought at our spas are not refundable.
- All prices are inclusive of VAT.





**Camelot Spa Southern Sun Rosebank**

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Visit our website at [www.camelotsparosebank.co.za](http://www.camelotsparosebank.co.za)

